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DEPARTMENT OF HEALTH AND HUMAN SERVICES

Centers for Disease Control and Prevention

[30Day-13-0861]

Agency Forms Undergoing Paperwork Reduction Act Review

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## Proposed Project

A Controlled Evaluation of Expect Respect Support Groups (ERSG):

Preventing and Interrupting Teen Dating Violence among At-Risk

Middle and High School Students (0920-0861, Expiration

8/31/2013) - Extension - National Center for Injury Prevention

and Control (NCIPC), Division of Violence Prevention (DVP),

Centers for Disease Control and Prevention (CDC).

## Background and Brief Description

The prevalence and consequences of teen dating violence make it a public health concern that requires early and effective prevention. To date, only three prevention strategies — Safe Dates, the Youth Relationships Project, and 4th R - have demonstrated reductions in dating violence behaviors in rigorous, controlled evaluations. In order to protect young people and build an evidence-base of effective prevention strategies, evaluation of additional programs is needed, including those programs currently in the field. The Expect Respect Support Groups (ERSG; provided by SafePlace) program is currently being implemented in the Austin Independent School District and demonstrated promising results in an uncontrolled program evaluation, suggesting a controlled evaluation is warranted to more rigorously examine program effects.

This extension request is the controlled evaluation of ERSG, which began in September 2010; it has one primary aim and two exploratory aims. The primary aim is to evaluate the effectiveness of ERSG to prevent and reduce teen dating violence and increase healthy conflict resolution skills reported by atrisk male and female middle and high school students compared to at-risk students in control schools who do not receive ERSG. The exploratory aims are: 1) To evaluate whether or not the

effectiveness of ERSG is enhanced by the presence of a universal, school-wide prevention programs, and 2) To examine moderators and mediators of targeted and universal teen dating violence interventions, such as biological sex and history of abuse at intake. Completion of this study and examination of the primary and exploratory aims associated with it will help to fill a research gap by adding results to the evidence base regarding whether ERSG is a promising program for reducing the prevalence of teen dating violence and increasing knowledge of healthy relationship skills.

The purpose of this request is to obtain Office of Management and Budget (OMB) approval to extend the data collection for A Controlled Evaluation of Expect Respect Support Groups (ERSG): Preventing and Interrupting Teen Dating Violence among At-Risk Middle and High School Students (OMB No.0920-0861, Expiration 8/31/2013). CDC seeks a three-year approval to continue the ERSG project. The ongoing evaluation employs a quasi-experimental/non-randomized design in which a convenience sample of participants in schools receiving universal and/or targeted prevention services are compared to students in control schools in which no dating violence prevention services are available.

We will recruit 1,800 students (300 per year from intervention

schools and 300 per year from control schools) over three waves of data collection. Of the 1,800 students recruited, we anticipate 1,200 will have complete data at the end of the study period. Control schools have been selected that have characteristics (e.g., risk status, socio-economic status) similar to the Austin Independent School District intervention schools.

Survey items collect information about emotional, physical, and sexual peer and dating violence victimization and perpetration, use of healthy relationship skills, relationships characteristics, peer relationships, demographics, and use of other teen dating violence prevention services, social desirability, and attitudes toward dating violence. These measures were developed in collaboration with scientists at the Centers for Disease Control and Prevention and 1) are adapted from validated measures of teen dating violence, and 2) reflect the behaviors of interest and theory of change of Expect Respect. The Reactive Proactive Questionnaire (Raine et al., 2006) has also been included in the instrument packet and will be used to determine if subtype of aggression moderates response to intervention.

Participation in this study is voluntary and intrusions to the participants' sense of privacy will be minimized by only using data collected from students who have agreed for us to do so (through student assent and signed distribution of passive parental consent forms) and having the data coded in such a way to protect subjects' privacy.

Finally, ERSG facilitators will take part in qualitative interviews planned for the middle (December) and end (May) of the second and third years of data collection. The goal of these interviews is to better understand the implementation process for ERSG.

There are no costs to respondents other than their time.

## Estimated Annualized Burden Hours

Type of Respondent	Form Name	No. of Respondents	No. of Responses per Respondent	Response Burden (hours)	Total Burden Hours
Intervention	Intake	800	1	15/60	200
and Control	assessment				
Schools	Baseline	600	1	1	600
	Survey				
	Completion	400	1	1	400
	Survey				

	Follow-up Survey 1 (12 month)	400	1	1	400
ERSG	ERSG	8	2	15/60	4
Facilitator	Facilitator Program Implementation				
ERSG	Fidelity Measure				
Facilitator					
Supervisor	ERSG Observational	1	16	15/60	4
ERSG	Program				
Facilitator	Implementation Fidelity				
ERSG	Measure				
Facilitator	Mid-Year	8	1	45/60	6
	Qualitative				
	Interview with				
	ERSG				
	Facilitators				
	End of Year	8	1	1	8
	Qualitative Interview with				
	ERSG				
	Facilitators				
Total					1,622

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